

YOUR LEARNING PATH

Phone first steps

For an iPhone or Android phone: controls, text, calls, and an alarm.

Have these ready

- ☐ A charged phone or tablet
- ☐ Your usual unlock method

Practise, then tick off each lesson

- ☐ 1. Start using your phone

Read the guide online

- ☐ 2. Make phone text and controls larger

Read the guide online

- ☐ 3. Find Home, Back and your open apps

Read the guide online

- ☐ 4. Copy and paste text on your phone

Read the guide online

- ☐ 5. Answer and finish a phone call

Read the guide online

- ☐ 6. Set and test a phone alarm

Read the guide online

Your small win

Use the device or service you selected at your own pace.

My next step / a note to remember

Path online: <https://plaintech-guides.pages.dev/paths/phone-essentials/>