

PRINTABLE GUIDE

Set and test a phone alarm

An alarm is scheduled for a time; a timer counts down. Test a short alarm first because sound controls and behaviour vary by device.

iPhone or Android Clock app | 2 min read | 5 steps

Before you start

- ☐ A powered-on charged phone
- ☐ The built-in Clock app
- ☐ Time for a short test

1. Open Alarm in Clock

Find Clock and its Alarm area. Existing alarms may be listed with switches beside them. Choose the add or plus control to create a new alarm, rather than editing an important existing one by mistake.

- ☐ Done this step

2. Set the right time

Choose a time a few minutes ahead for practice. Check AM or PM if the phone uses a twelve-hour clock. Confirm the displayed hour and minute before proceeding; a wrong half of the day can be easy to miss.

- ☐ Done this step

3. Choose repeat and label

Select repeat days only if you want a recurring alarm. Give the practice alarm a clear label such as Test. Review the selected days rather than assuming that an alarm automatically repeats every morning.

- ☐ Done this step

4. Choose sound and save

Pick an audible sound and check the relevant alarm volume. Avoid None or Silent for a sound test. Save or confirm the alarm if the app requires it, and verify its switch is on in the alarm list.

☐ Done this step

5. Test, then remove the practice alarm

Wait for it to ring, then use Stop or Dismiss. Snooze delays an alarm instead of finishing it. Turn off or delete the test afterwards. Keep the phone powered on unless its manufacturer explicitly supports alarms while switched off.

☐ Done this step

Try it for yourself

Create a test alarm a few minutes ahead, hear it, stop it and remove it.

☐ I tried the task.

My notes

Does silent mode affect my alarm?

iPhone Clock alarms ignore Silent and Do Not Disturb with an audible sound selected. Android settings vary; test the sound and volume.

Official help and the online guide

Google: set and stop alarms - <https://support.google.com/clock/answer/2840926?hl=en>

Apple: set an alarm - <https://support.apple.com/en-us/118444>

Read online: <https://plaintech-guides.pages.dev/guides/set-test-phone-alarm/>